...that the changes you're going through are for the better...

Changes are **inevitable**. Everything changes, we all go through series of changes. It's part of life. I think you'll agree with me that if we have to go through the hardship of change, **it should be for the better**. Unfortunately, that's not always the case.

As we can't avoid changes from happening, it's worth trying to turn them positive for us, whatever they are. To have something better and meaningful at the end. To use change to our advantage.

All starts with us, with our **perception of change and our readiness** to go through it. I will be pleased to work with you and your organisations to achieve a **"BETTER SHAPE"** - in other words, that you **gain useful and valuable results**, even if it didn't look look that way at the beginning.

huhandan



What I can provide

STRATEGIC HR CONSULTING

Working with company management and their HR teams ondeveloping people strategy and corporate culture in line with company vision and contributing to the goals achievement. Support HR managers in the implementation of HR strategy and itheir further professional growth.

LEADERSHIP DEVELOPMENT

Working with company leadership and other senior teams to improve relationships and collaborationas well as performance and effectiveness. Developing the skills needed to

COACH SUPERVISION

supporting coaches to **develop their** coaching skills, reflective practice and professionalism.

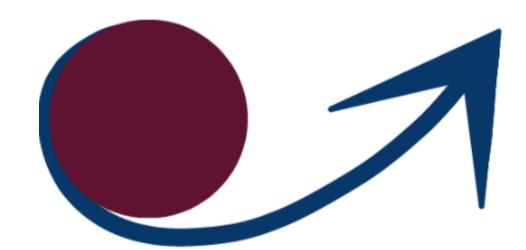
I work with both junior and senior colleagues-coaches. Supervision session is a space to **reflect** on

manage organizations in today's complex times, lead people, retain and developing key talent. some of the challenging coaching situations, **get support, keep ethical practice and grow**.

How I work

I listen in order to understand your situation and the challenges you have

1



I partner with other colleagues to deliver the best possible service

2 I ask questions and help unravel the situation and look at the pitfalls and possibilities

> 3 I offer variants of solutions and together we look for what is most advantageous for you

4 I go step by step with you through the implementation and consult you on the next steps

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